

COLONOSCOPY PREP FOR MOVIPREP

You will be given a prescription for Moviprep to fill at your pharmacy. You will also need to purchase over the counter:

- 2 Dulcolax or Bisacodyl 5mg laxative tablets

5-7 days before the procedure: Stop taking aspirin, ibuprofen, Coumadin, Plavix, Celebrex or any other blood thinning medication. If you are on blood thinning medication make sure you check with your cardiologist or prescribing physician before discontinuing the medication. Also discontinue iron or multi-vitamins that contain iron.

3 days before the procedure: Stop eating any raw vegetables or vegetables containing seeds, corn, popcorn, nuts, seeds, and stop any fiber supplements you are taking until after the procedure.

The day before the procedure: You will be on a clear liquid diet the entire day. See instructions for **Clear Liquid Diet**.

- At 5:00pm take 2 Dulcolax tablets with 8 oz of clear liquid.
- At 7:00pm mix the Moviprep by emptying 1 pouch A and 1 pouch B into the disposable container. Add lukewarm drinking water to the top line of the container. Mix until dissolved. You may chill the solution with a few ice cubes. Drink 8 oz every 15 minutes until gone.
- Drink at least an additional four 8 oz glasses of clear liquids throughout the remainder of the evening.

The day of your procedure:

- 5 hours before your scheduled procedure, mix the Moviprep solution by emptying 1 pouch A and one pouch B into the container. Add lukewarm drinking water to the top line of the container. Mix until dissolved. You may chill the solution with a few ice cubes. Drink every 15 minutes until gone.
- **Please finish the solution in approximately 1 hour and then do not consume any additional fluids prior to your procedure. We must have a minimum of 4 hours with no fluid intake prior to your procedure.**
- If you currently take blood pressure or cardiac medication in the morning, go ahead and take it early the morning of the procedure with just enough water to get it down. Resume the rest of your medication after the procedure is complete.

PLEASE NOTE:

Bring your insurance card(s) & photo ID.

You will be sedated for this procedure. It is required to have someone drive you home. You should expect to be at the facility for approximately 2 hours. Your doctor will speak with you after the procedure. At that time you may want your driver present to help you recall the discussion due to being sedated.

**WE DO REQUIRE 24 HOUR NOTICE OF CANCELLATION.
FAILURE TO PROVIDE 24 HOUR NOTICE MAY BE SUBJECT TO A CANCELLATION
FEE.**