

# **Halflytely Prep For Colonoscopy**

## **Purchase from a Pharmacy:**

- HalfLytely Bowel Prep Kit

**5-7 days before the Procedure:** Stop taking aspirin, ibuprofen, Coumadin, Plavix, Celebrex or any other blood thinning medication. If you are on blood thinning medication make sure you check with your cardiologist or prescribing physician before discontinuing the medication. Also discontinue iron or multi-vitamins that contain iron.

**3 days before the Procedure:** Stop eating any raw vegetables or vegetables containing seeds, corn, popcorn, nuts, seeds, and stop any fiber supplements you are taking until after the procedure.

**The day before the Procedure** you will be on a clear liquid diet the entire day. See instructions for **Clear Liquid Diet**.

- Add lukewarm water to the top of the fill line on the HalfLytely bottle. Shake to dissolve the powder and place in the refrigerator to chill
- At **12:00 pm (noon)** take 2 of the Dulcolax/Bisacodyl tablets with a glass of water. Do NOT chew or crush the tablets.
- At **5:00 pm** begin drinking one 8 oz. glass of HalfLytely every 10-15 minutes, until the fluid is gone. It will take approximately one hour and fifteen minutes to drink all of the solution.

**The day of the Procedure:** If you currently take blood pressure or cardiac medication in the morning, go ahead and take it early the morning of the procedure with just enough water to get it down. Resume the rest of your medication after the procedure is complete. You may continue with clear fluids up until **4 hours** before your procedure.

You will be sedated for this procedure. It is required to have someone drive you home. You should expect to be at the facility for approximately 2 hours. Your doctor will speak with you after the procedure. At that time you may want your driver present to help you recall the discussion due to being sedated.

**AS THIS TIME HAS BEEN RESERVED FOR YOU, WE DO REQUIRE 24 HOUR NOTICE OF CANCELLATION. FAILURE TO PROVIDE 24 HOUR NOTICE MAY BE SUBJECT TO A CANCELLATION FEE.**