COLONOSCOPY PREP FOR NULYTELY/TRI-LYTE PREP

You will be given a prescription for Nulytely or Tri-lyte to take to your pharmacy. You will also need to purchase Dulcolax tablets, which is over the counter.

5-7 days before the procedure*: Stop taking aspirin, ibuprofen, Coumadin, Plavix, Celebrex or any other blood thinning medication. If you are on blood thinning medication make sure you check with your cardiologist or prescribing physician before discontinuing the medication. Also discontinue iron or multi-vitamins that contain iron.*

3 days before the procedure: *Stop eating any raw vegetables or vegetables containing seeds, corn, popcorn, nuts, seeds, and stop any fiber supplements you are taking until after the procedure.*

The day before the procedure: *You will be on a clear liquid diet the entire day. See instructions for* **Clear Liquid Diet.**

> ➢ *Mix the powdered prescription laxative with warm water in the morning and put it in the refrigerator to chill.*
> ➢ *At 5:00pm take two Dulcolax tablets.*
> ➢ *At 6:00pm begin drinking the solution, 1 cup (8 oz) every 15 minutes until gone. Should you have nausea or vomiting, wait 45 minutes, then resume drinking the laxative again.*

When you are finished drinking the solution, you can continue having clear liquids up to 4 hours prior to checking in for the procedure.

The day of the procedure: *If you currently take blood pressure or cardiac medication in the morning, go ahead and take it early the morning of the procedure. Resume the rest of your medication after the procedure is complete.*

PLEASE NOTE:
Bring your insurance card(s) & photo ID.
You will be sedated for this procedure. It is required to have someone drive you home. You should expect to be at the facility for approximately 2 hours. Your doctor will speak with you after the procedure. At that time you may want your driver present to help you recall the discussion due to being sedated.

WE DO REQUIRE 24 HOUR NOTICE OF CANCELLATION.
FAILURE TO PROVIDE 24 HOUR NOTICE MAY BE SUBJECT TO A CANCELLATION FEE.