

## Prep Instructions for Esophageal Manometry

These instructions are your physician's specific instructions. Follow all steps carefully to ensure a successful prep and procedure. **Questions?** Call (913) 495-9600

### Important Information

- This procedure will be performed by a nurse in the GI lab. It will take approx. 90 mins from check-in to the completion of the procedure.
- You will not be sedated for this procedure so you are allowed to drive yourself home.
- Please bring your insurance card(s) and photo ID to your appointment.
- **A 24-HOUR CANCELLATION IS REQUIRED.** A no-show or late cancellation will be subject to a charge.

### The Day of your procedure

- **DO NOT EAT OR DRINK ANYTHING AFTER MIDNIGHT.** This includes water, gum, mints, all tobacco products, vaping, recreational drugs, etc.
- Do not take any medications the morning of the procedure. If you take blood pressure, cardiac or anti-seizure medication, you may take these at least 8 hours prior to your procedure, with just enough water to swallow the pills. You may resume the rest of your medications after your procedure.