

**INSTRUCTIONS FOR**  
**ESOPHAGOGASTRODUODENOSCOPY**  
**(EGD)**

***5-7 days before the procedure:*** Do not take aspirin, ibuprofen, Coumadin, Plavix, Celebrex or any other blood thinning medication. If you are on blood thinning medication make sure you check with your cardiologist or prescribing physician before discontinuing the medication. Also discontinue iron or multi-vitamins that contain iron.

***The day before your procedure:*** No FOOD after midnight. You may stay on clear liquids until 4 hours before your check-in time. If your procedure is scheduled in the afternoon follow the instructions from the nurse or scheduler regarding a clear liquid diet.

***The day of the procedure:*** If you currently take blood pressure or cardiac medication in the morning, go ahead and take it early the morning of the procedure with just enough water to get it down. Resume the rest of your medication after the procedure is complete.

**PLEASE NOTE:**

Bring your insurance card(s) & photo ID.

You will be sedated for this procedure. It is required to have someone drive you home. You should expect to be at the facility for approximately 2 hours. Your doctor will speak with you after the procedure. At that time you may want your driver present to help you recall the discussion due to being sedated.

***WE DO REQUIRE 24 HOUR NOTICE OF CANCELLATION.  
FAILURE TO PROVIDE 24 HOUR NOTICE MAY BE SUBJECT TO A  
CANCELLATION FEE***